

INTRODUCTION

You have undergone an endovascular procedure within the Neurological Intervention and Imaging Service of Western Australia.

This brochure will outline what to expect post procedure and any potential issues that may arise.

YOUR PROCEDURE

1. Your operation: _____

2. Groin puncture : _____

Side: _____
Arterial/Venous

How the groin was sealed:
Manual Pressure:
Groin closure device:
Angioseal
Perclose
Starclose
Other _____

INSTRUCTIONS FOR HOME

1. Medications you will need to take

As part of your procedure the following medications are essential for you to take. The doctor will explain to you what they are for and why you need to take it. Please let other doctors involved in your care know you take these medications.

Medication	Dose	Frequency	Duration

2. Managing the groin puncture site

- A small lump, bruise or ooze from the groin puncture site is common and normal. Rarely active bleeding or a rapidly enlarging lump can occur. If this happens you must:
 - a) apply firm pressure to the groin puncture site
 - b) lie flat
 - c) call for help if someone is home with you
 - d) consider calling for an ambulance if the bleeding continues
 - e) notify NIISwa at the first available time, even if the bleeding ceases.
if unsure, call NIISwa or the Emergency Department.
- If you wish to cough or sneeze, apply pressure to the puncture site to prevent bleeding.
- We recommend no driving for 48hrs and no strenuous activity for 10days .
- The puncture wound should be kept clean and dry. Showers are ok but dab the region dry afterwards. Avoid soaking the wound for 10 days. This means no bathing, swimming or hot tubs. A moist wound increases the risk of infection. Infection in the wound is rare but if you experience redness, pain, or discharge - see your doctor.
- Gentle walking after the day of the procedure is encouraged to prevent clot formation in the veins of the leg or pelvis(Deep vein thrombosis): Although this is rare it is serious as this clot can break off and go to the lungs which is potentially fatal. Seek advice if you develop calf pain or swelling.

3. Procedure Specific Instructions

- If you have had a stent placed in the carotid artery in the neck it is important to notify the sonographer prior to an ultrasound so that they can take care in applying pressure on the neck. Also avoid aggressive chiropractic or other manipulation of the neck.
- If you have had an aneurysm coiled, transient headache

is not unexpected. Panadol should suffice for this. Avoid blood thinning anti-inflammatory pain type medications (NSAIDS) unless okayed by your specialist as they can sometimes prevent an aneurysm or fistula from clotting fully.

- A follow up angiogram may need to be organised to assess the effectiveness of any treatment and/or to observe any untreated abnormalities for change or worsening.

4. Follow up:

- A follow up angiogram will be arranged in

_____ months/years time.

If you do not receive an appointment around this time please contact us.

WHO TO CONTACT FOR INFORMATION OR PROBLEMS.

DURING WORK HOURS

You may contact

- The Neurological Intervention & Imaging Service
- Your Specialist Neurosurgeon, Neurologist or ENT surgeon
- Your GP

AFTER HOURS

You may contact

- Your locum GP Service
- Emergency Department of your Hospital

SIR CHARLES GAIRDNER HOSPITAL

Sir Charles Gairdner Hospital
Verdun St,
Nedlands 6009
Ph: (08)9346 3333



CONTACTS DETAILS

NIISwa

- Royal Perth Hospital Ph: (08)9224 1069
- Sir Charles Gairdner Hospital Ph: (08)9346 4455

Neurosurgery Department

- Royal Perth Hospital Ph: (08)9224 2596
- Sir Charles Gairdner Hospital Ph: (08)9346 2865

Neurology Department

- Royal Perth Hospital Ph:(08)9224 2658
- Sir Charles Gairdner Hospital Ph:(08)9346 3088
- Fremantle Hospital Ph: (08)9431 3333

Ear Nose and Throat Surgery (Otolaryngology)

- Royal Perth Hospital Ph: (08)9224 2244
- Sir Charles Gairdner Hospital Ph:(08)9346 3089
- Fremantle Hospital: Ph: (08)9431 3333

Emergency Department

- Royal Perth Hospital Ph: (08)9224 2244
- Sir Charles Gairdner Hospital: Ph: (08)9346 3333
- Fremantle Hospital Ph: (08)9431 3333

Other



Royal Perth Hospital
Perth 6000
Ph: (08)9224 2244



ROYAL PERTH HOSPITAL



NIISwa

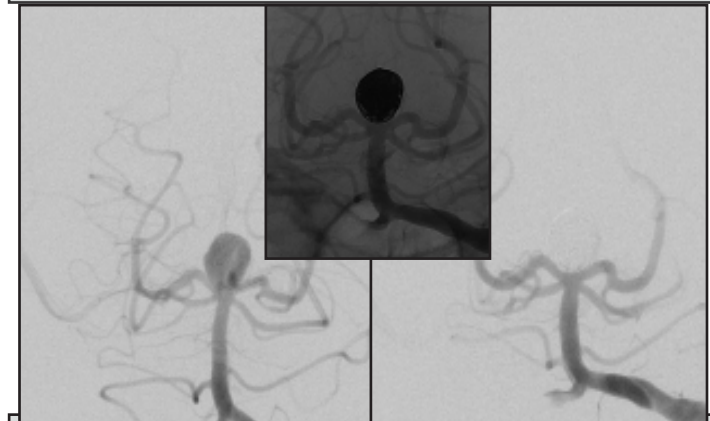


Neurological Intervention & Imaging Service
of
Western Australia

PATIENT DISCHARGE

INSTRUCTIONS

Post Neuroangiographic Procedures



NIISwa - Sir Charles Gairdner Hospital
1st Floor, G Block (access via Gold lifts)
Phone: (08)9346 4455

NIISwa - Royal Perth Hospital
3rd Floor Imaging Services.
Phone: (08)9224 1069